

# Classification of skaters at the Gloucester Concordes Ice training sessions

Effective September 2007

**Competitive "A"** (formerly known as the Advanced hour) shall be comprised of the top 25 Concordes skaters as ranked by their best 500 metre short track time from the previous season. Skaters must be 2<sup>nd</sup> year Midgets and older to be considered for ranking.

- All skaters at the Competitive "A" level are expected to compete.
- The Competitive "A" program consists of short track training activities therefore a 500 metre, short track time is required for selection to these training sessions.
- This requirement shall be waived for the 2007/08 season but will be fully implemented in September of 2008. This "grandfathering" is to accommodate advanced skaters who did not participate in a short track competition in the 2006/07 season.
- Skaters may request a 500 metre time trial to establish a short track time if they meet all other requirements of the competitive "A" program.
- Interclub skaters will be permitted on Competitive "A" sessions provided the interclub skater has a current (within the last 12 months) short track 500 metre time within the top 25 Concorde times. The total number of interclub skaters on any Competitive "A" session will be limited to 10 (note there are two sessions available each week)
- Coaches shall assess skaters throughout the year to identify those skaters who due to speed and skill development would benefit from an advanced placing.  
Learn to Speed Skate --- Competitive "B" --- Competitive "A"

**Competitive "B"** (formerly know as the Intermediate hour) shall be comprised of a maximum of 35 Concordes skaters who are Bantam age and older, and have achieved at 500m time of 1:15 and/or have demonstrated a mastery of skills from the Learn to Speed Skate program.

- Participation in local/club and provincial competitions is encouraged but not a requirement of the Competitive "B" program.

**Learn to Speed Skating** (formerly known as the Novice hour) shall be an introductory program for youth new to speed skating. Skaters will be introduced to skills to permit the skater's advancement to competitive programs.

- Participation in local/club competitions is encouraged but is not a requirement of the Learn to Speed Skate program.

**Adult** session (formerly known as the Masters hour) shall be a program with a balance between skill development, fitness, and social activity. Skaters will be introduced to skills and fitness activities to continue their development as a healthy active adult.